Prostate Cancer Education and Support Group The Villages, FL





The support group shares common experiences or concerns and meets regularly to provide encouragement, comfort and education. We offer support to patients, partners, and caregivers. While we are not medical professionals and do not practice medicine, we do attempt to provide our participants with sufficient knowledge for them to make informed decisions regarding treatment from their medical professionals and caregivers.

Why Should I Join a Support Group?

While every prostate cancer diagnosis is unique, members of support groups often have similar feelings and concerns. Joining a support group may benefit those dealing with prostate cancer by:

- Improving their understanding of prostate cancer treatment and side effects
- Providing practical feedback about treatment options
- Having open and honest discussions
- Improving skills to cope with challenges
- Reducing distress, depression, anxiety, or fatigue
- Giving members a sense of empowerment and hope
- Helping with feelings of loneliness, isolation, and fear
- Learning from other who have "been there, done that".

Educational Meetings: First Wednesday of each month at 7:00 PM.

- In person at Laurel Manor Rec Center or virtual via Zoom.
- Professional Speaker. Spouses, Caregivers, partners welcome.
- Open to non-residents of the Villages. No Membership required.

Open Forum: Third Wednesday of Odd Numbered Months 7:00 PM

• No set agenda or speaker. Experience sharing by participants.

Website: villagespcg.weebly.com, click on the link "JOIN OUR EMAIL LIST",

• After providing your name and email address, click the "Subscribe Link".

Contact: villagespcsg@comcast.net